

Practicing *Authenticity*...

Finding The *Perfect* Soul-Mate

Ever feel overwhelmed by the idea of trying to find the *perfect mate*? The key is finding **Authenticity**. So much fear of the unknown is what drives relationships apart, and it is that very fear of what the other person might think, if they really knew the “real” you. It is that fear gives birth to pretense... a seemingly harmless facade under the guise of caution.

So many people miss out on the beauty of an unpolished pearl, buried deep in the middle of an ocean of seaweed, or a natural diamond, which really looks like a crusty old rock, until it is cut open, faceted and polished. Past rejection and the pain of unresolved issues are like barnacles on a ship. And if they are left unattended, they can cripple the engines of the largest vessels.

The key to unlocking the door to loving relationships is **Authenticity**. You have to give it, in order to receive it. And sometimes, you have to give it, until it hurts, even if you don't receive it. When you practice Authenticity, not merely for the sake of “getting”, but rather finding liberty in the “giving” of it, it is then you experience the joys of peace that passes all human understanding. A person who practices Authenticity is able to withstand the most difficult trials and turn them into triumphs. Instead of becoming a victim of circumstance, they become the victor over the circumstance.

When you are at peace with yourself, it is then, you find your purpose for living. And when you discover your purpose for living, you realize that nothing becomes impossible for you, if you only believe. People without purpose, and without knowledge...perish. People with a purpose, live abundantly.

What are some of the traits of an Authentic Person? How does one practice Authenticity? This powerful acrostic will give you a some insight. Let it guide you to the path that frees you to become transparent, so that you can move toward and live inside the abundant life that awaits you.

What does it mean to be AUTHENTIC ?

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AUTHENTIC

Appreciative

of others for what they are, and not what they can give;

Assertive

in both love and discipline;

Altruistic,

unselfish and concerned with others;

Articulate,

paying close attention to words spoken;

Abiding

in patience and forgiving in love;

Abounding

in mercy for those less fortunate;

Acknowledging

his faults, unafraid of criticism;

Accessible

to those who are in need;

Adamant

in his faith, not fearing man or tradition;

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AUTHENTIC

Ambitious

in his goals;

Advocating

for those who need a friend;

Aesthetic

in his ability to relate to music and the arts,
recognizing masterpieces in the making;

Affectionate,

unafraid to extend his heart, fearing rejection;

Adoring

in his ability to cherish what touches his heart;

Affirming

with conviction, not condemnation;

Affluent

in sensitivity;

Amusing

with the ability to laugh at his mistakes;

Apologetic

when at fault, and having the desire to reconcile,
even when it's not;

Astute

in his perception, insightful ability to discern;

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AUTHENTIC

Amiable

in a crowd of strangers, uninhibited by the unknown;

AUTHENTIC

Unassuming

and modest, appreciating the simple while
intrigued by complexity;

Understanding

the importance of reaching beyond himself;
exceeding his own expectations;

Unequivocal

in his witness, testifying to others without reservation;

Unifying

in his ability to connect and integrate others
to work together as one;

Unimpeachable

in character, exemplary in humility;

Uninhibited,

not restrained by tradition, convention, while
exercising wisdom in liberty;

Unprecedented

in resolve, and unparalleled in ethics;

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AUTHENTIC

Unyielding

in his faith;

Unwavering

in his convictions;

Unconquerable

through prayer, standing fervently on his knees;

Unique

and real at any cost;

Unveiling

the mask of hypocrisy, and bearing witness to true faith.

AUTHENTIC

Tenacious,

holding fast to integrity, persistent in his efforts
to remain firm in his faith;

Tender

with his touch, merciful with words of wisdom;

Thankful

for the ability to appreciate the little things in life;

Thoughtful

and romantic in simple ways, not feeling the
need to impress with extravagance;

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AUTHENTIC

Trustworthy

to a fault, knowing it is better to get hurt trying,
than to harm others by deception;

Tough-loving,

yeilding to the strong force of love without compromising
the very thing that makes him unique;

Tranquil,

finding peace in the midst of chaos; driven by
compassion when faced with crisis;

Transcendent,

constantly striving to rise above and beyond
ordinary limits, not settling for status-quo.

AUTHENTIC

Harmonious

in relationships without compromising who he is;

Honest

with himself and with others, recognizing that he
can only grow through mistakes;

Honorable

in matters of love, work and family; knowing that it
sets him apart from others;

Hopeful

for his future, always edifying others to strive
higher to better themselves;

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AUTHENTIC

Hospitable

toward those who have less than he has been blessed by;

Helpful

in philanthropic ways, knowing that his generosity with time or resources will help to meet the needs of others, and better his own future;

Humble,

with a resolve to esteem others higher than himself;

AUTHENTIC

Earnest

in his desire, passionate in his ability to love, and serious in his faith;

Enthusiastic

about living, as if he only had one day to live.

Edifying

in his relationships to others, educating and nurturing,
being a spiritual guide to one who is lost.

Elaborate,

but only in his character, knowing that he was designed with
great loving care and carefully planned for God's purpose.

Electric,

yet knowing Who his Source of Power is;

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Eloquent,

fluent in his ability to reach others through words of wisdom,
not easily persuaded by circumstance.

Emanating

in his ability to radiate God's grace, clearly
displaying the Light which lives in his heart;

Empathetic,

unafraid to express emotion so that he is able to share in the
pain and happiness of others, knowing it will reap a great reward;

Enchanting,

constantly captivating others by his transparency;

Engaging

in conversation, enriching others with the gift of himself;

Enterprising,

unafraid to take a risk;

Encouraging

to others, bringing forth hope when
they have little hope for themselves;

Equitable

and just, impartial in judgment, knowing
everyone has something to contribute;

Ethical

in business; striving for excellence professionally and personally;

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Natural,

not artificial, never feeling the desire or need for pretense;

Negotiating

in relationships, finding common ground in conflicts and helping others to apply them for the greater good;

Notable,

remarkable and worthy of notice because of his ethics and uncompromising spirit;

Nurturing,

knowing that love and compassion are the reatest gifts one can receive;

Neutralizing

in his ability to remove the power of the enemy by his wisdom, honesty, patience, and perserverance.

Noble

and wise, understanding that those words are powerful weapons that defeat formidable foes;

AUTHENTIC

True

to himself, honest and loyal in his fellowship with God.

Triumphant

with humility, knowing he didn't get there on his own.

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AUTHENTIC

Transparent

enough for others to see the Light which guides his steps; so that he will become a ...

Torch

for those who are stumbling in the dark.

Tolerant

and respectful of others' opinions;

AUTHENTIC

Irresistibly

sincere and genuine;

Intriguing

to others by his depth, and intrigued by the depths of others;

Iridescent,

displaying a rainbow-like play of colors to his personality that causes him to shimmer in the light of his goodness;

Imperfect,

understanding that imperfection is the very thing that will bring him peace in his quest for success;

Inciting,

provoking one to positive action in their quest for liberty from whatever binds them.

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AUTHENTIC

Impulsive,

one who finds enjoyment in spontaneity,
but is wise enough to wait in matters of the heart.

Indelible

in personality, displaying qualities not easily forgotten;

Invincible

and unconquerable in matters of love,
knowing that it is better to risk love than risk loneliness.

Insatiable

with passion;

Infectious

with romance;

Inviting

the warmth of another's heart;

Indulging

in the rapture of hope;

Inseparable

in intimacy;

Instinctively

kind;

Intuitively

loving.

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AUTHENTIC

Centered,

focused and balanced between the paradox and drudgery of living only to be consumed by work, versus working hard so that he can enjoy life.

Contagious

in humor;

Compassionate

in nature;

Charismatic

in personality;

Comforting

in grief;

Comprehensive

in thought;

Conscientious

in spirit;

Consequential

in life;

Courageous

in the midst of trials;

Conciliatory

in overcoming animosity;

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AUTHENTIC

Confident

in his God-given gifts and abilities;

Cognizant

of others' God-given gifts and abilities;

Captivating,

yet down-to-earth;

Considerate

of others' feelings;

Confidential

at any price;

Conspicuous,

prominently distinguished by his ability to freely share his faith;

Content

to surrender on his knees, realizing it is the only thing that gives him great strength, allowing him to be ...

Complete

and whole in the knowledge of Christ, realizing that he is merely a ...

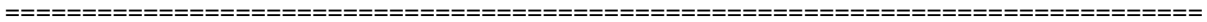
Conduit,

a channel by which the Presence and Power of God flows that allows him to be a ...

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AUTHENTIC

Compass,
a spiritually magnetic instrument that always points North,
that they may follow it's lead and find God.



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